



GIRLS WRESTLING CAMP

June 19 – 21, 2026

Emmanuel University in Franklin Springs, GA

Format: The camp is a 2 night/ 3-day camp: world class clinicians, tough competition, & an awesome FCA inspirational program. (High School Wrestlers)

Clinicians:

Amy Mason: 2017 graduate from the University of Jamestown in North Dakota with a bachelors in exercise science radiology. An athlete at the Olympic training center in Colorado Springs for Team USA, and a member of the Titan mercury wrestling club. 2021 senior World Team member, Olympic trials qualifier 2016, 2021, 2024, six years on the senior national team, university world silver medalist, 4x university WCWA All-American, former junior and U23 world team member, and California state champion. Currently, Amy is a wife, a student, a Colorado resident and a competitive athlete. Amy is passionate about her faith in Christ and has a heart to mentor and train young women.

Lauren Louive: Olympic trials competitor 2020, 2016. 4x WCWA College all American. 2020 final X runner up. 2020 3rd in Pan American championships. Lauren was an athlete at the US Olympic training center from 2019 to 2022 And was the first female to wrestle at the University of Iowa in the Hawkeye wrestling club. Lauren is currently training in Wisconsin at the aspirin wrestling Academy. Lauren is a powerful motivational speaker and has a deep passion to empower athletes to grow in their faith, believe in themselves and never give up on their goals and dreams!

Aly Paradise: A native of Blue Springs, Mo., and current resident of River Falls, Wis., Paradise (nee Howk) is an accomplished freestyle wrestler in the 55-kilogram weight class. She most recently earned the championship at the 2024 Pan American Games in Mexico City, Mexico, after receiving the silver medal at the event in 2023. She earned U23 national champion honors twice, was a U23 world bronze medalist in 2022 and earned the 2023 U.S. Open championship. She was a U.S. Olympic Team Trials qualifier in 2024, and was a USA Wrestling national team member in 2023-24.

Cost: \$350.00/ wrestler

Prices apply to teams & individuals: Includes 2 nights lodging, 3 days of great technique training & competition, 5 meals, T-shirt, & FCA Bible.
(\$75.00 deposit in by same date.)

****Information for securing camp scholarships is on our website, noted below. ****

For more information, or to register for camp, visit our website, at www.fcawrestlinggeorgia.org



Contact:

FCA Wrestling Georgia • Trevor Ramos • 470-480-6174 • tramos@fca.org