



Dear FCA Wrestling Campers, Coaches, and Parents,

We are so excited for **FCA Girls Wrestling Camp!!!!** Below is the information for camp:

1. **Camp dates are as follows: June 23rd- 25th.** The camp is located at **Emmanuel College, located at 181 Springs Rd., Franklin Springs, GA 30639.** The campus is on US 29. Once on campus, follow the signs to the FCA camp registration (Registration will be held in Roberson Lobby). See map I am enclosing in the body of the email sent. **Camp "check in" will run as follows: check-in from 10:00AM to 1:00PM on Friday 6/23. We wanted to allow time to get settled in. Lunch will not be provided.**
2. Following registration, **camp will start at 2:00PM with a 'welcome talk' on the mats in the Shaw Athletic Center.** (Please see map) Every camper should be there promptly at 2:00 PM. There will be an FCA inspirational program every night. **Camp will end on the mats by 12:30 PM on Sunday, the last day of camp.** You will be released after rooms are inspected.
3. **All remaining registration fees are due at check-in, upon arrival at camp. WE WILL BE ABLE TO TAKE CASH, CHECKS, OR CREDIT CARDS (VISA or MASTERCARD). Any checks should be payable to: Fellowship of Christian Athletes, (or FCA Wrestling).**
4. **The school will NOT provide linens. Bring your own sheets, blankets, pillows, towels, etc... We have been told that the beds are twin size. The dorm rooms are air-conditioned, so you may want to bring a blanket or sleeping bag.**
5. **Meals** provided will include dinner on the first day of camp, breakfast, lunch, & dinner on the second day of camp and breakfast only on the third day of camp. *Campers can bring extra cash for late-evening snacks (from the vending machines). There are refrigerators in the pods that campers will be staying in. There are washing machines available as well.* We will have a small "camp store" with items to sell and we also have an online camp store. Details are in email. (Note: Extra spending money is NOT required).
6. Wrestlers may want to bring a singlet for competition, but it is **not** necessary. This is completely up to the wrestlers. Regular work-out gear is also fine for competition / training sessions. **You will need enough clean clothes for 2 workouts on Friday, 3 work-outs on Sat, & 1 work-out on Sunday morning. Wrestlers must be showered & in "clean clothes" to enter the chapel service each night.**
7. There will be some competition, for the purpose of applying the new techniques learned in competitive situations. Any matches will be run on a "running clock." Each wrestler will be put in a "Huddle Group" for evening discussion groups after chapel.
8. Our clinicians, speakers and coaches are awesome! If you would like to bring an item to be autographed, they will be happy to sign it.
9. **PLEASE BRING A WATER BOTTLE!!!!** We want all our campers to be safe and stay hydrated.

If you have any last-minute questions or problems, feel free to email or call me. My contact information is listed below. **If you are receiving this letter, it means we have your registration and your waiver in our database, (both of which are MANDATORY for every wrestler and coach. The waiver forms are part of the online registration and are required to participate!** We look forward to seeing you soon.

Thanks, and God bless,

Lisa Hankins

Lisa Hankins (FCA Girls Wrestling) Email: Lhankins@fca.org; Cell: (706) 255-7521.