

## FCA- Fellowship of Christian Athletes

## 2023 FCA GIRLS WRESTLING CAMP

## June 23<sup>rd</sup>–25<sup>th</sup>, Emmanuel College, Franklin Springs, GA

This is a 2 night/3-day wrestling camp, designed for young women. It will feature world class clinicians, tough competition, and a great FCA inspirational program. (Open to middle school & high school female wrestlers).

**Clinicians:** Amy Fearnside: In 2017, graduated from Univ. of Jamestown in ND with a Bachelor in Exercise Science/Radiology. In college Amy was a 4 x Collegiate All-American in Freestyle, a WCWA Nationals silver medalist & bronze medalist; and a bronze medalist at the Dave Shultz Mem. Tournament. Amy is an athlete at the Olympic Training Center in CO Springs for Team USA, and a Member of Titan Mercury Wrestling Club. Career Highlights for Amy include University World silver medalist, 4x University WCWA All American, 2x California State Champion, former Junior & U23 World Team member, Olympic Trials Qualifier 2016, 2021. 2021 World Team member in Olso, Norway. Currently, Amy is returning to competition after recovering from a recent surgery. Amy is passionate about her faith in Christ and has a heart to mentor & train young women.

**Dymond Guilford**: Raised in Los Angeles County, CA, Dymond started wrestling her Junior Year of HS. Though she had a late start, she won 2 regional championships, a state title in 2016, and a state championship in 2017. Her senior year, she became a 6 time All-American in both folk-style and freestyle, including placing 2nd at Fargo in 2017. In 2018, she made the Junior World Team. After completing her high school career, Dymond was ranked 5th in the nation for the 170 weight-class and went on to make the 2018 Junior World Team. She finished off her freshman year in college placing 4th at the WCWA's. Her sophomore year, she not only won the WCWA's, but also won a 2nd national championship at the NAIA Nationals. She also won her first Intern'l Gold Medal at the 2019 Grand Prix in Germany. Intern'l Freestyle: Poland/Germany/Sweden/Slovakia/Canada and Guatemala. Dymond placed 2<sup>nd</sup>@ 2022 U23 World Championships, 2<sup>nd</sup>@ 2022 Zouhaier Sghaier, 1<sup>st</sup>@ 2022 Senior Pan-American Championships and 3<sup>rd</sup> @ 2023 Zagreb Open. Dymond is passionate about her faith in Christ and helping young women develop as wrestlers and women of faith & character.

**<u>Lauren Louive:</u>** Lauren is a U.S Open/ Senior National Champion, Klippan Lady Open Champion (Sweden) Dave Schultz intern'l Champion, World Team Trials Challenge Tourn. Champion, Olympic Trials Competitor 2020, 2016. 4x WCWA College All American. 2020 Final X runner up. 2020 3rd in Pan American Championships. 2019 Final X runner-up. 2019 4th in U.S Open. 2019 5<sup>th</sup> in Grand Prix of Germany. 2019 3rd in Klippan Lady Open (Sweden). 2019 3rd Dave Schultz Mem. Intern'1. 2nd in 2012 Pan American Championships. 2018 2nd in U.S. Open. 2018: U.S. Senior Open Runner-up 6th in Intern'l Ukraine Tourn, 3rd in Klippan Lady Open (Sweden), 2nd in Bill Farrell Mem. International. 2017: Dave Schultz Mem. Intern'l champion (Nov.). 4th in U.S. World Team Trial. 4th in Dave Schultz Mem. International (Feb.). 5th in U.S. Open. 2016: 2nd in Bill Farrell International. Last Chance Trials Qualifier Runner-up. 6th in University Nationals. 2015: 4th in U.S. Open. 2014: Bill Farrell Intern'l Runner-up Northern Plains Reg. champion. 2013: 5th in U.S. Open. 2012: Pan American Championships Runner-up. 3rd in Dave Schultz Mem. Intern'l. 2010: Junior World Team member. 4th in U.S. World Team Trials. 4th in U.S. Open. 5th in Sunkist Kids International. 3rd in Pan American Junior Championships. 2009: 7th in U.S. Nationals. 4th in UWW Junior Nationals. 1st Female To wrestle at the University of Iowa in the Hawkeye Wrestling Club 2015-2019. Lauren was an athlete at the U.S Olympic training center from 2019-2022. She is returning to competition after recovering from extensive injuries & surgery. Lauren is Currently Training in Wisconsin at Askren Wrestling Academy (Ben Askren). Lauren is a powerful motivational speaker and has a deep passion to empower athletes to grow their faith, believe in themselves and never give up on their goals and dreams!

**Alisha Howk:** 23 years old from Blue Springs, Missouri and currently live in River Falls, Wisconsin. Alisha is 3x world team member and a 2022 world bronze medalist. Multiple time National Champion and All-American. She has been wrestling for over 18 years and has wrestled at every level. From 6U 35lbs all the way to the senior stage. Alisha has traveled all over the world to compete & train and she loves every second of it. Alisha is attending school for nursing and has a strong passion for coaching. She hopes to do both after she retires from competing. Alisha is currently training for the 2024 Olympics, which is her goal. Alisha's favorite verse for this last year has been, 1 Chronicles 4:10. Alisha states "I am fervently praying for blessings so that I may bless others, praying for my territory to be expanded or to widen my perspective, and praying for protection".

Camp Staff: will include Emmanuel College Wrestling staff & other college wrestlers from around the country. Our college wrestlers will also serve as small group leaders. This camp will offer high quality coaching, biblical mentorship & worship to engage, empower & equip female wrestlers!

**Cost:** \$325.00/ wrestler: Price includes 5 meals, 2 nights lodging, great technique training, a great FCA inspirational program, T-shirt, & FCA Wrestling New Testament Bible. (Camp store Merch for sale)

Registration: Register @ www.fcawrestlinggeorgia.org "first-come basis" Non-refundable deposit due at registration, but a "substitution" may take a wrestler's place. (Coaches discounted price \$100 if attend w/ athletes. (1) coach free per 10 wrestlers they bring.

For info, and to register online, visit our website: www.fcawrestlinggeorgia.org Contact: Lisa Hankins (FCA Girls Wrestling) \* Phone: (706) 255-7521 \* Email: lhankins@fca.org