



FCA Wrestling – Team Huddle

Week 7: "The Scale"

Every wrestler fears the scale. We all know that a time is coming when we will have to step on the scale and find out if we made it. There are two primary ways to manage our weight; do more positive things and do fewer negative things. Examples of positive things we can increase include more conditioning, managing hydration and improved nutrition. Examples of negative things we can reduce or eliminate include desserts and soft drinks. We can step on a check scale to determine our progress, and we can be confident that the official scale will be pretty close. But, wouldn't it be great if someone else could weigh in for you?

Every person fears God's scale. We all know that a time is coming when we will have to step on the judgment scale and find out if we made it. There are two primary ways to manage our salvation; do more positive things and do fewer negative things. Examples of positive things we can increase include attending church, reading the Bible, and donating our time and money to charity. Examples of negative things we can reduce or eliminate include sins of thought, deed or inaction. Unfortunately, we can't step on a check scale to determine our progress, so we can never be confident that we will make it on God's scale. The Truth is that God's scale requires perfection. And no one can make it no matter how much good that they've done nor how much sin they've avoided. But God has provided a way. His Son, Jesus, is willing to step on God's scale in your place. And that is the only way that you can be certain to make it in eternity.

Job 31:6 "Let Him weigh me with accurate scales, and let God know my integrity."

Proverbs 16:11 "A just balance and scales belong to the Lord..."

Hebrews 9:27 "...it is appointed for men to die once and after this come judgment"

Discussion Questions:

1. Do you think that people are mostly good, or mostly bad?
2. How good do you have to be to get into heaven?
3. Are there some things that are so bad, that God won't forgive them?
4. Why is God's standard perfection?
5. Why do we need Jesus to step on the judgment scale for us?

CONCLUDE WITH A SHORT PRAYER