



## **FCA Wrestling – Team Huddle**

### **Week 6: “Bad Time”**

"Bad Time" is when wrestling has occurred with the wrestlers in the wrong position, or the wrong wrestler being given choice of position. Bad Time is also when wrestling has occurred after the clock should have been stopped at the end of a period, or following a violation when the match should have been stopped, but wasn't. With a few exceptions, any points, penalties or injury time that occurred during Bad Time shall be voided. In certain situations, Bad Time may be re-wrestled

In life, there will be bad times, but there is no "Bad Time". Sometimes we are in the wrong position because we made a bad choice. Sometimes we are in the wrong position because someone else made a bad choice. Bad time often occurs after hours, when our activity clock should have been stopped. But in Life, unlike in wrestling, any points, penalties or injuries that occur during Bad Time are NOT voided, and must be dealt with. Unfortunately in life, Bad Time can not be re-lived. Let's call Bad Time what it is - SIN. There are consequences for sin. But with God, through Jesus, there can be forgiveness.

**Psalms 103:12** “As far as the east is from the west, So far He removed our transgressions from us.”

**Jeremiah 33:8** “I will cleanse them from all their iniquity by which they have sinned against me.”

**John 1:29** “Behold the Lamb of God who takes away the sin of the world”

### **Discussion Questions:**

1. How can you reduce the chances of being put in the wrong position?
2. Why do so many bad things happen "after hours"?
3. Have you asked the people you've wronged to be forgiven?
4. Have you asked God (whom you've wronged) to be forgiven?
5. How would you feel if you knew you were totally forgiven for every sin you've ever committed?

### **CONCLUDE WITH A SHORT PRAYER**