



## FCA Wrestling – Team Huddle

### Week 4: Potentially Dangerous – (Stop it, before someone gets hurt). (James 1: 3-4; Psalm 51: 4)

In the sport of wrestling there are positions in which a wrestler can be seriously injured. These situations are called “potentially dangerous”. At times the wrestlers themselves don’t realize their situation is dangerous, but they have the referee to recognize what is going on, and stop the match before someone gets hurt. That is an important part of a referee’s job, to protect the wrestlers.

In life, it is “sin” (rebellion against our Creator) that puts us in “dangerous situations”. “Sin” sets itself against God and turns our hearts away from His love for us, (becoming an unhealthy obsession with selfish desires, even to the point of having contempt for God). It is like a Boa Constrictor, a slippery snake. If we let it grasp our foot, it appears we may still control it; however, it won’t let go from there. Rather, it will slither around the leg, and over time, wrap itself upward until it has a firm grip around the chest, where it will squeeze out the life. **James 1: 14 -15** tells us that “*when sin is accomplished, it brings forth death.*” Sin always brings destruction to our lives and relationships.

As wrestlers, we have the referee to stop the match in potentially dangerous situations. So, who is there to stop our “potentially dangerous” moves in life, when we put ourselves in positions that could ultimately destroy our lives? The answer is God. The Lord offers us His companionship and guidance, through His Word and other wise believers. He wants to teach us to avoid potentially dangerous actions, and follow His loving direction for our lives. But we must be humble before Him. **Psalm 51: 4 says, “Against Thee, Thee only; I have sinned, and done what is evil in Thy sight. So, Thou art justified when Thou dost speak, and blameless when Thou dost judge.”** If we want a blessed life, we must avoid sin, in all of its forms; and live for the Lord. One of the best ways to avoid sin, is to avoid its “near occasion” (situations in which we know we might be likely to sin). Just as a wrestler cutting weight avoids the “all you can eat buffet”, we should avoid circumstances in which we know we could fall into temptation.

In some ways, God is like a good referee who protects us from the dangerous consequences of sin. He proved this when He took our sin upon Himself at the Cross, paid the penalty for sin that we deserved, in order that we may be set free from sin to follow Him, and enjoy Him forever.

### Discussion Questions:

1. Have you ever done something you knew was wrong?
2. Once you’ve developed a bad habit, have you ever tried to break that bad habit?
3. Is it easier to avoid the habit in the beginning?
4. How can we avoid the “near occasion of sin”?
5. Is it more important to impress our buddies, or to please our Lord?
6. What does it mean to repent?

### CONCLUDE WITH A SHORT PRAYER