



## FCA Wrestling – Team Huddle

Week 7: “Who is Really in Control? - You? The ref? Or, God?” (Isaiah 55: 8 - 9)

**Scripture: Isaiah 55: 8-9**

**“For my thoughts are not your thoughts, and your ways are not My ways, says the Lord. For as Heaven is higher than the earth, so My ways are higher than your ways, and My thoughts are higher than your thoughts.”**

We live in a culture where we are expected to try to keep control of everything in our grasp. Having control is a way of showing our strength. Occasionally, we get reminded of how little control we actually have. Perhaps you have had to deal with the death of a loved one, or deal with a divorce in your family. It’s at those times that we find out how little control we actually have over our destiny. We realize that we live with the illusion of control but it can be taken away in an instant.

In wrestling, we have things we can control to some extent. We are responsible for how we eat & sleep, how intensely we train, and how well we do in the classroom. You’ve been told that.

Now, consider this from a different angle. *Who gives you the breath to do all that work? Who powers your heart to pump the blood through your veins to carry the nutrients through your body so you can do all that you do? Who fires the neurons so you can comprehend these words being read to you?*

In our Scripture passage, God was teaching Isaiah that our human ability to comprehend is finite, but He is infinite. God’s point of view is so much higher than ours. He sees the blessings in tragedy. He sees the positive in the negative. His thoughts are so much higher than ours that we cannot even comprehend it.

The Bible describes God as “Lord”, who is in “sovereign” control of everything in His domain. Since He created everything, the universe is His domain. **Psalm 103:19 puts it this way; “The Lord has established His throne in the Heavens, and His sovereignty rules over all”.** And in Romans 8:28, the apostle Paul writes “we know that for those who love God all things work together for good, for those who are called according to his purpose.” Isn’t it a good idea to trust the One who has been around forever, who made everything, and who never lies?

### Discussion Questions:

1. What are you trying to control today that you could yield to God as Lord? Is it possible that He could do better than you in this area?
2. When you suffer a setback in your wrestling season or in life, is it reasonable to blame God? Or maybe is it more reasonable to trust that God is in control and is still “working all things together for your good”? Can you trust Him with the disappointments in life, as well as the blessings?
3. What should our “partnership with God” look like? (Answer: He will never do for us, what He calls us to do; but when we step out on faith, He empowers us.)

**CLOSE WITH A SHORT PRAYER**