



FCA Wrestling – Team Huddle

Week 11: “Situational Awareness” (1 Cor. 10: 1 - 13)

Situational “awareness” is critical to success in wrestling. If you don’t know what the score is, or how much time is left in the period, you can easily lose close matches. As a wrestler, you must be aware of the situation at all times. If you have your opponent’s leg in the air, you cannot finish the takedown too close to the edge of the mat because the referee may call it ‘out of bounds’. So, you have to carefully pull the man back into the circle to make sure you have the space to ‘finish the move’.

Just as you must know where you are on the mat, and in the match, the same is true about life. You need to know where you are at in life, how you are doing at life. You must be “aware” of yourself, your actions, and behavior, where you are weak, and where you are strong. You also must figure out “where you want to go in life”, and how you are going to get there. All this takes thought and guidance.

Starting well is important, but finishing well is critical.

1 Cor 10: 12-13 states; “¹² So, if you think you are standing firm, be careful that you don’t fall! ¹³ No temptation^[e] has overtaken you except what is common to mankind. And God is faithful; He will not let you be tempted^[d] beyond what you can bear. But when you are tempted, ^[e] He will also provide a way of escape, so that you can endure it.

Matthew 24: 13 states: “...but the one who stands firm to the end will be saved.”

1 Tim. 4:15 states: “Practice these things; be committed to them, so that your progress may be evident to all.”

God wants us to always be aware of our spiritual state and stay on top of the things that will keep us

Discussion Questions:

- A. What is standing in the way of you reaching a deeper walk with God? Is it an excuse, a habit, a distraction, peer pressure?
- B. Where do you want to go with your life? Once we decide, the course will become clear.
- C. Through the struggle, virtue is carved from stone, steel is forged in fire, muscle shaped in the gym; and as iron sharpens iron, so does one man sharpen another. **Who is sharpening you?**
- D. Look in the mirror. **Who are you living to please?**

CONCLUDE WITH A SHORT PRAYER