



FCA Wrestling – Team Huddle

**Week 7: The importance of “team” in an individual sport – did Jesus need the Disciples?
See Luke 6: 12-16.**

Jesus chose 12 men to help him build the Church. They became a team, each with his own capabilities. One of them, Judas, was a betrayer. None of us wants to be like Judas. The team is counting on each of us to pull our weight, to do our work, to be fit for the competition. We’re only as strong as our weakest link, and we’re in it together. We count upon each other.

Questions:

1. If I slack off or fail to do my workouts, how does that impact you?
2. If I set low goals for myself, how is the team affected?
3. If I don’t make weight for a match, how is the team impacted?
4. Do I care about the team?
5. How does this team element of our individual sport prepare us for later duties in life / will anybody else be counting on us?

CONCLUDE WITH A SHORT PRAYER