



FCA Wrestling – Team Huddle

Week 12: The Key to Winning; Losing (1 John 1: 5-9)

I John 1: 5-9 says,

“This is the message we have heard from him and declare to you: God is light; in him there is no darkness at all. 6 If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. 7 But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. 8 If we claim to be without sin, we deceive ourselves and the truth is not in us. 9 If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.”

Questions:

1. How important is it not to deceive ourselves?
2. Does a champion know his own weakness?
3. What does he do about it? Based on this scripture, what are we to acknowledge?
4. How are we supposed to walk/live?
5. What does it mean to walk in His light, and have fellowship with one another?
6. What does the word “confess” mean? (Answer: literally it means - “to agree with”)
7. Ultimately, who are we supposed to “agree with”, concerning our character and our mistakes?
8. What is the promise of this passage, (for those who “agree with God” concerning their sin and are willing to be honest with themselves and the Lord)?

CONCLUDE WITH A SHORT PRAYER