



## FCA Wrestling – Team Huddle

### **Week 9: Praying for your match. (Philippians 4: 6-7)**

Paul (a former wrestler) writes: “Don’t worry about anything, but in everything through prayer and petition with thanksgiving, let your requests be made known to God. And the peace of God, which surpasses every thought, will guard your hearts and your minds in Christ Jesus.” (Phil. 4: 6-7)

John 15:7 Says; “If you abide (remain) in Me, and My words abide in you, ask whatever you wish, and it will be done for you”. This verse is not about some kind of “name it and claim it” theology, (that if you pray for something, God will give you what you want, just the way you want it). This verse communicates a profound principle of life: If you are building a close relationship with Jesus, and you are studying and applying His Word (the Bible), and if you desire to accomplish God’s will for your life, then your prayers will actually reflect God’s will for you. Then God will answer your prayers by accomplishing His will through you. It is important to be aware that God’s will for you may not be what you think it is. God’s will for you may be how He builds your character through a loss, or how He tests your character in ‘who do you give the glory to’ when you are victorious.

### **Questions:**

1. Do you ever get nervous prior to a match? Have you ever prayed about that fear?
2. Do you think your opponent might be praying also?
3. What do you pray for?
4. Have you considered praying for the ability to honor God in the competition, through good sportsmanship, or for protection for both you and your opponent from injury, or for the opportunity to glorify God in either victory or defeat?

**CONCLUDE WITH A SHORT PRAYER (Consider praying Psalm 27)**