



FCA Wrestling – Team Huddle

Week 6: Endurance – run the good race. (1 Corinthians 9:24-27)

Paul (a former wrestler) says “Do you not know that runners in a stadium all race, but only one receives the prize? Run in such a way that you may win. Now, everyone who competes exercises self control in everything. However, they do it to receive a perishable crown, but we an imperishable one. Therefore, I do not run like one who runs aimlessly, or box like one who beats the air. Instead, I discipline my body and bring it under strict control, so that after preaching to others, I myself will not be disqualified.”

Questions:

1. What are our team goals?
2. What are your individual goals?
3. Where do you want to be in 200 years?
4. What are the different prizes that Paul is referring to? (How are they perishable or imperishable)?
5. How are the spiritual struggles of life like our sport?
6. How do we compete to win in the real match called life?
7. What do you want as the “ultimate prize” someday?

CONCLUDE WITH A SHORT PRAYER