



# FATHER & SON RETREAT

June 5-7, 2020

Emmanuel College, Franklin Springs, GA

*This camp is a 2 night / 3 day retreat that brings fathers and sons (**ages 9 and up**) together, to grow in their relationship with each other and the Lord. It is a week-end of fun and learning principles from God's Word on competition, self-esteem, and communication. The camp offers great coaching on the mats for the sons, while "the dads" are learning to be better husbands and fathers. **Registration opens on Friday afternoon. The camp will run from Friday evening to 12pm on Sunday.***

## **Coaches/ Speakers:**

**Jim Gruenwald** – 3x Nat'l Christian College Champ; 4x National AAU Greco Champ; 2x Olympian for USA; Pam Am Champ & World Cup Champion; head coach at Wheaton College. Jim and his wife live in Illinois, where they are raising their six children.

**Cliff Harris** – A 2x GA state champ; Graduate of the U.S. Military Academy at West Point, where he was a 4 year starter; Captain of the team in 1987; 3x Placer at the EIWA championships (4<sup>th</sup>, 3<sup>rd</sup>, 2<sup>nd</sup>) & EIWA Finalist in 1987; 2x qualifier for the NCAA Championships. Upon graduation from West Point, Cliff was commissioned as an officer and became a U.S. Army Aviator. A Gulf War Veteran, Cliff has been the recipient of *The Air Medal with "V" for valor in Combat Operations during Desert Storm; the Meritorious Service Medal; the Humanitarian Service Medal; Kuwait Liberation Medal, South West Asia Service Medal, the National Defense Medal; & 4 U.S. Army Commendation Medals.* Today Cliff serves as V.P. of Healthcare National Accounts with HD Supply. He & his wife have 2 grown children.

**Josh Henson** – Josh is a former **NCAA All-American for U. of Pennsylvania**; trained at the OTC for one year; and was the asst. head coach at U. Penn for 7 yrs. He started the wrestling program at Shorter U., where he built a solid winning D-II program. Today Josh and his wife, Jenn, live with their four children in Manheim, PA, where Josh is the new FCA Area Director for Lancaster Co, PA.

**Tony Van Horn** – A former NJ state champ; **two-year starter for Ohio State University, and a Big Ten placer.** Coach Van Horn coached McEachern H.S. (Powder Springs) to 6 Georgia HS state team championships. Today Tony is a financial planner for the Van Horn Group, at UBS Financial. Tony and his wife, Kelley, have two children (one in high school & one in college).

**Bill Gifford** – A 3x placer in the NEIWA championships for Springfield College, & competed at the D-II NCAA's. After a year of coaching at Springfield, he wrestled for the Athletes-in-Action from 1976 – 1980, qualifying for the USA Team Training Camp 3 times (2x in freestyle & 1x in Greco-Roman). Bill has a Master's of Divinity, & is Director of FCA Wrestling in Georgia. Bill & Kay have 4 grown sons.

**Cost: \$325.00/ father & son couple, and \$150 for each additional wrestler.**

(Price includes 5 meals, 2 nights lodging, great technique training, lots of fun, T-shirt, & FCA Bible.)

**Registration Deadline: Non-refundable deposit \$100.00 due 5/8/2020.**

**\*\$25.00 late fee - after 5/8/20. Limited space; registrations taken "first-come/ first-served basis"\***

**For info, & to register online, visit our website: [www.fcawrestlinggeorgia.org](http://www.fcawrestlinggeorgia.org)**